

## **The Physical Body Antenna, the Subtle Energy Bodies, the Mind-Body Antenna and Thought**

**The first several chapters of The Sage Age are devoted to the body as an antenna. Can you tell us a little about that?**

The physical body contains two special crystals that constitute a crystal lattice, or matrix. These are found in everything from the bones all the way down to the cells. The body's electric and magnetic fields, which are dominated by the heart and brain, combine with these crystals to make the body a radiating antenna of multiple frequencies. When the body is moved through ritual postures such as yoga or tai chi, its antenna becomes tuned to transmit and receive a wide range of frequencies. The information passes through the subtle energy bodies as well. These affects can be magnified when groups of people come together, just like the multi-antenna arrays used for radio broadcasting and receiving.

**What are these special crystals?**

The first are piezo crystals like the ones used in electric guitars and phonograph needles. They are found in the bones, intestines, cartilage and other soft tissues. They convert mechanical stress into electricity and vice versa. They are also found in ivory, silk, wood and quartz. The second are liquid crystals. They are a little like the ones found in your laptop screen, but they more closely resemble the goo at the bottom of the soap dish. They arrange themselves in specific patterns based on polarity.

**You also explain the near-field and far-field broadcast areas around an antenna. What are they?**

This area of study is becoming very popular in helping us understand the vibrational nature of the body. Currently, it is used very heavily in developing more sophisticated non-invasive medical imaging devices such as an MRI. The far-field region around a broadcast antenna is mostly comprised of the broadcast signal itself. But, the near-field region is very complex and contains several signals. This is the area closest to the body and what an MRI records. It also contains the subtle healing energies that have been detected emanating from the hands of Medical Qigong practitioners and other energy workers.

**Is this the same type of energy recorded when people attempt to influence random event generators (REG), such as those used in PSI research?**

Not exactly. For the most part, these studies have focused on brainwave activity and attempted to correlate it to the outcome of the REG. It's important to remember that no one has ever measured a thought. What has been measured is the brain activity associated with that thought. It is a shadow of the actual event and energy, which is too subtle for us to measure at this time. It's also important to remember that there is a mutual goal and a feedback loop between a healing practitioner and a patient. This type of dynamic interactivity is missing between an influencer and an electronic REG device. So, there are different energies and frequencies to be measured in those two situations.

**What other types of Mind-Body measurements have been taken?**

Several good studies have been conducted showing that focusing on the breath quiets the mind and brings the sound of the lungs and the heartbeat into synchronicity. Shortly thereafter, the brainwaves become entrained to this rhythm as well. In effect, simple meditation tunes the body's antenna system and makes it a more powerful transceiver (able to simultaneously broadcast and receive). Ritual body postures, like sitting in the lotus position, enhance this process. Focused

intent amplifies this process even more. The healthiest affects to the body occur when the mind is completely quiet. In this case, then, the lack of thought is most helpful. In other instances, holding one thought with perfect clarity has been shown to affect the body in very specific ways, culminating in a healthier state.

**Are the subtle bodies affected by thought?**

Absolutely. Barbara Brennan describes how the Human Energy Field becomes stagnate and unhealthy when an unforgiving attitude is held toward yourself or another. The distorted patterns arise in the field and can eventually lead to physical illness. The outer edges of your field become rigid or even brittle anytime you interact with that person. Feelings of love and gratitude soften your field. In other words, thoughts that you hold toward another person can dramatically affect you. Brennan describes the flow of the body antenna's near-field energies between two people as "bio-plasmic streamers." So, the thoughts you both hold affect how these streamers interact with one another.