

Interview Questions for The Sage Age – Blending Science with Intuitive Wisdom

Why did you write the book?

The Sage Age began as a reference manual for my personal use. After many years of studying science, spirituality and New Age thought, I found that there were several common terms being used in very different ways and it was confusing. For example, in the rational sciences the word “dimension” means a plane of spatial measure such as length or height. But, in the intuitive arts the word “dimension” refers to different realms of existence. When attempting to blend science with intuitive wisdom during a philosophical discussion on something like String Theory, which concedes a minimum of ten dimensions, it’s important to understand the context in which the term is being used. Further research helped illuminate such topics as the study of light and sound and why they are so important to a vibrational understanding of the physical world. I just kept studying and uncovered more and more connections. After three years, I realized this information would be very helpful to others so, I collected it into a book format.

How long did it take to research the material in The Sage Age?

It took over four years to research many of the topics. That study was combined with information from my formal education and over twenty years experience in music, acoustics and electronics engineering as well as my personal intuitive practice as a shamanka.

What is a shamanka and how did you use that practice in writing the book?

Shamanka is the feminine term for shaman. Most are also medicine people and focus on healing. But, the basic definition of a shaman is one who journeys in order to gather information. I was formally initiated in 2003 and continue to use that practice to help weed through the mountains of available information on these topics and find the common thread in disciplines, which on the surface, seem to be far-flung from one another.

Did your background help prepare you to understand the topics covered in The Sage Age?

Most definitely. My father had the mind of an engineer and the heart of an artist and musician. My mother is highly creative with visual displays and the written word. She is also an intuitive, as were all the women in both my immediate and extended families. My grandmother set me on fire with a passion for music at a very early age and I spent most of my life exploring the affects of sound and music on well-being at all levels. Later, I became interested in science and technology and began incorporating the two ways of knowing. It was a very rich and diverse upbringing.

Did you have life experiences that triggered or guided your research?

Yes, I had two spiritually transformative experiences (STE). The first was in 1992 and that experience left me with deep existential questions and a strong desire to find answers for myself. That search led me to the second STE in 2002 where I finally had the knowledge and experience to properly receive some of those answers in a context that still directs and guides my path to this day.

What are the main themes of the book?

The primary topic of interest is the body antenna. That includes the physical body, the subtle energy bodies, and the mental or thought process. All of these combine into a very complex, multifaceted antenna system that simultaneously broadcasts and receives many types of informed energies, or vibes. Understanding these concepts will help move us from the age of information to the vibrational age and an entirely new way to see health, matter and energy. The book brings new models for new thought in these areas. Other chapters focus on understanding the basic principles of waves, both sonic and electromagnetic. There are also several chapters

devoted to demystifying scientific jargon and theories including those of physics, quantum physics, and cosmology.

Why is there so much history in The Sage Age?

Because history is as much about our future as it is our past. Since antiquity, every age has marveled at its ingenuity and patted itself on the back for manifesting something marvelous. Today, we are doing the same and still caught up in the novelty of every new thing and idea that feeds into our current ego and belief system. The book's historical context gives us a way to see if these new theories are leading us to a paradigm shift or whether they are reinforcing the same path the Western world has been on since the time of Pythagoras. Many of today's breakthroughs are actually the fruit of ancient questions. Asking new questions under the guidance of new models may reveal entirely different answers.

What makes The Sage Age different from other books in the genre?

It is a four-year education covering a broad range of topics which are condensed into an inch of paper. It is challenging in that it invites you to make the connections and think for yourself. In other words, it gives you $2 + 2 = ?$ Ultimately, the reader is the only one who can fill in the blank for themselves. There are already many books on the market which focus attention on one aspect of frontier science and how it blends with mysticism. Most also tell you how to interpret the information. While this is most helpful, it may not require us to accommodate an entirely new paradigm that truly challenges our core beliefs. Because of its scope, The Sage Age gives you the perspective to connect the dots for yourself in a new way and see a bigger picture that encourages you to shake loose from old models of thought. It's a little like climbing Mt. Everest. You can have that all-encompassing view only after you've made the journey. This book is like a seeker's guide along an accelerated path to that view.

What would you like to have your readers gain from this book?

I hope it will do for each reader what it did for me and that was to gain a wholistic perspective on where we are and where we are going and how every new advancement fits into that whole. The first time I realized how much this book had helped me was while watching a documentary on a recent breakthrough in frontier science. I fully understood what they were talking about but, more importantly, I knew the background of this discovery, which they didn't show. It helped me realize the full philosophical impact of this discovery and how many other sciences it would revolutionize in years to come.